

Kenmoor Middle School

2500 Kenmoor Dr.

Landover, Md. 20785

301-925-2300

Physical Education Teachers:

Ms. Sylvia Brown, Mr. Marcellus Clement, Mr. Michael Holmes

Uniform Requirement: (Board of Education Policy 6161.6)

Clothing specifically designed for freedom of body movement contributes to a safer exercise environment during physical education activities. Required attire is knee length solid black shorts of cotton or mesh fabric (no spandex) and a plain gray sleeved t-shirt, appropriate athletic foot apparel (sneakers), and solid black sweat pants and a plain gray sweat shirt for colder weather. Students must have this attire available prior to beginning of their physical education course.

All students are required to wear the appropriate and required dress for physical education.

T-shirt and shorts must be solid color without color trims, embroidery, or any form of custom design or other decoration.

Shirt and sweatshirt must cover midriff, back, and sides at all times. No cleavage, midriff or undergarments should be visible.

Shorts and sweat-pants must not be worn below the waist and should not allow for undergarments to be exposed.

Athletic shoes that are closed toe must be worn at all times. **Bedroom slippers, sandals, platforms, plastic shoes, flip flops, shoes with straps or shoes with heels, or any other footwear that is not consistent with the physical education dress code are prohibited.**

General Rules and Expectations

- Students should not borrow or share another student's PE clothes.
- Food, drinks, candy and chewing gum are not permitted in the locker room or during physical education class.

- To ensure the safest environment, no jewelry should be worn beyond the locker room, including watches, rings, earrings, etc.
- Running or horseplay is not permitted in the locker room.
- Students should not throw objects of any kind in the locker room.
- At all times, students' language and behavior should conform to school and board policies and procedures.
- Students are expected to dress quickly and report to their assigned area for attendance.
- Only locks issued by the Physical Education Department may be used in the locker rooms. Personal locks will be removed. Students are responsible for their locks and must pay a \$5.00 replacement fee if the lock is lost.
- Students should not exchange locks, lockers or combinations in order to avoid theft.
- Do not leave uniforms in your tall lockers after class. The small locker is used to store uniforms overnight.
- Your gym locker is to be locked at all times.
- The Physical Education Department is not responsible for item lost or stolen during class although every effort will be taken to prevent such situations.
- Students must have a written note from a parent to be excused from participation on any given day. The excused students must dress in PE uniform unless a legitimate medical excuse is presented or she/he is in a cast.
- If a student is to be excused for a period longer than three PE days, the student must bring a medical excuse signed by a doctor.
- If your child requires an inhaler or take other medication in school, please call the school nurse for an authorization form.

Grading policy:

Classwork – 70%

Homework – 10%

Assessment – 20%

Students will receive ten points everyday they are in Physical Education Class.

- Being prepared for class with PE uniform and tennis shoes – 3 points
- Participating in all warm-up and activities during class – 4 points
- Students are required to bring a folder or notebook every class – 3 points

Student signature: _____

Parent signature: _____

